

amrit neer gi-aan man majan athsath tirath sang gahay

pBwqI mhl w 1] (1328-18)	parbhaatee mehlaa 1.	Prabhaatee, First Mehl:
AlImkUntruigAwin mn mj nu ATSiT qlrQ slIlg ghy]	amrit neer gi-aan man majan athsath tirath sang gahay.	One who bathes in the Ambrosial Water of spiritual wisdom takes with him the virtues of the sixty-eight sacred shrines of pilgrimage.
gir apdjs j vhr mxxk syjisku so Kij I hY]1]	gur updays javaahar maanak sayvay sikh so khoj lahai. 1	The Guru's Teachings are the gems and jewels; the Sikh who serves Him searches and finds them. 1
gir smwin qlrQu nhl kie]	gur samaan tirath nahee ko-ay.	There is no sacred shrine equal to the Guru.
sru slkKu qisu giru hie]1] rhau]	sar santokh taas gur ho-ay. 1 rahaa-o.	The Guru encompasses the ocean of contentment. 1 Pause
guru drIA wau sdw j I u inrml u imil Aw dirmiq ml u hrY]	gur daree-aa-o sadaa jal nirmal mili-aa durmat mail harai.	The Guru is the River, from which the Pure Water is obtained forever; it washes away the filth and pollution of evil-mindedness.
siqgir pwieAY plw nwxu psI pryghu dy krY]2]	satgur paa-i-ai poora naavan pasoo paraytahu dayv karai. 2	Finding the True Guru, the perfect cleansing bath is obtained, which transforms even beasts and ghosts into gods. 2
rqw sic nwim ql hIAI u so guru prml ukhIAI]	raata sach naam tal hee-al so gur parmal kahee-ai.	He is said to be the Guru, with the scent of sandalwood, who is imbued with the True Name to the bottom of His Heart.
j w kl vwsu bnwspiq sarY qisu crx il v rhIAI]3]	jaa kee vaas banaaspat sa-urai taas charan liv rahee-ai. 3	By His Fragrance, the world of vegetation is perfumed. Lovingly focus yourself on His Feet. 3
gurmik j IA pln apj ih gurmik isv Gir j weIAI]	gurmukh jee-a paraan upjahi gurmukh siv ghar jaa-ee-ai.	The life of the soul wells up for the Gurmukh; the Gurmukh goes to the House of God.
gurmik nwnk sic smweIAI gurmik inj pduweIAI]4]6]	gurmukh naanak sach samaa-ee-ai gurmukh nij pad paa-ee-ai. 4 6	The Gurmukh, O Nanak, merges in the True One; the Gurmukh attains the exalted state of the self. 4 6