

mayray man har gun har uchrahu

ibI wvl umhl w 4] (799-18)	bilaaval mehlāa 4.	Bilaaval, Fourth Mehl:
Awvhuslq iml humryBiel imil hir hir kQw krhu]	aavhu sant milhu mayray <u>b</u> haa-ee mil har har kathaā karahu.	Come, O Saints, and join together, O my Siblings of Destiny; let us tell the Stories of the Lord, Har, Har.
hir hir nwmu bōhQu hYkl j iig Kytugur sbid qrhu]1]	har har naam bohith hai kaljug <u>k</u> hayvat gur sabad <u>t</u> arahu. 1	The Naam, the Name of the Lord, is the boat in this Dark Age of Kali Yuga; the Word of the Guru's Shabad is the boatman to ferry us across. 1
myrnmn hir gx hir acrh]	mayray man har gun har uchrahu.	O my mind, chant the Glorious Praises of the Lord.
msqik il Kq il Kygn gweyimil slqjq pwr prhu]1] rhau]	mastak <u>l</u> ikhat <u>l</u> ikhay gun gaa-ay mil sangat paar parahu. 1 rahaa-o.	According to the pre-ordained destiny inscribed upon your forehead, sing the Praises of the Lord; join the Holy Congregation, and cross over the world-ocean. 1 Pause
kwieAw ngr mih rwm rsu alqmu ikau puelA apdsj n krhu]	kaa-i-aa nagar meh raam ras ootam ki-o paa-ee-ai up <u>d</u> ays jan karahu.	Within the body-village is the Lord's supreme, sublime essence. How can I obtain it? Teach me, O humble Saints.
siqgur usjv sPl hir drsnu imil Almqur hir rsuplAhu]2]	satgur sayv safal har <u>d</u> arsan mil amrit har ras pee-ahu. 2	Serving the True Guru, you shall obtain the Fruitful Vision of the Lord's Darshan; meeting Him, drink in the ambrosial essence of the Lord's Nectar. 2
hir hir nwmu Almqur hir mlTw hir slqhu cwik idKhu]	har har naam amrit har meethaa har santahu chaakh <u>d</u> ikhahu.	The Ambrosial Name of the Lord, Har, Har, is so sweet; O Saints of the Lord, taste it, and see.
gurmiq hir rsu mlTw l wgw iqn ibsrysiB ibK rshu]3]	gurmat har ras meethaa laagaa <u>t</u> in bisray sabh <u>b</u> ikh rasahu. 3	Under Guru's Instruction, the Lord's essence seems so sweet; through it, all corrupt sensual pleasures are forgotten. 3
rwm nwmu rsu rwm rswiexu hir syhuslq j nhu]	raam naam ras raam rasaa- <u>i</u> n har sayvhu sant janhu.	The Name of the Lord is the medicine to cure all diseases; so serve the Lord, O humble Saints.
cwir pdwrQ cwrypwey gurmiq nwnk hir Bj hu]4]4]	chaar padaarath chaaray paa-ay gurmat naanak har <u>b</u> hajahu. 4 4	The four great blessings are obtained, O Nanak, by vibrating upon the Lord, under Guru's Instruction. 4 4