

man mayray mai har har kathaa man bhaanee

mwrUmhl w 4 ] (996-17)	maaroo mehlaa 4.	Maaroo, Fourth Mehl:
hir hir kQw sxxwie pB girmiq hir irdY smwxl ]	har har kathaa sunaa-ay parab <u>h</u> gurmat har ridai samaanee.	O Lord God, please preach Your sermon to me. Through the Guru's Teachings, the Lord is merged into my heart.
j ip hir hir kQw vFBwglAw hir aqgm pduinrbwxl ]	jap har har kathaa vad <u>bha</u> agee-aa har utam pad nirbaanee.	Meditate on the sermon of the Lord, Har, Har, O very fortunate ones; the Lord shall bless you with the most sublime status of Nirvaanaa.
gurmKw min prqliq hYgür plYnwim smwxl ]1]	gurmuk <u>h</u> aa man parteet hai gur poorai naam samaanee.   1	The minds of the Gurmukhs are filled with faith; through the Perfect Guru, they merge in the Naam, the Name of the Lord.  1
mn myrYml hir hir kQw min Bwxl ]	man mayray mai har har kathaa man <u>bhaanee</u> .	O my mind, the sermon of the Lord, Har, Har, is pleasing to my mind.
hir hir kQw inq sdw kir girmik AKQ khwxl ]1] rhwau ]	har har kathaa nit sadaa kar gurmuk <u>h</u> akath kahaanee.   1   rahaa-o.	Continually and forever, speak the sermon of the Lord, Har, Har; as Gurmukh, speak the Unspoken Speech.   1  Pause
mYmnuqnuKij FFFil Aw ikau pweAY AKQ khwxl ]	mai man tan <u>kh</u> oj <u>dhand</u> holi-aa ki-o paa-ee-ai akath kahaanee.	I have searched through and through my mind and body; how can I attain this Unspoken Speech?
slb j nw imil pwieAw six AKQ kQw min Bwxl ]	sant janaa mil paa-i-aa sun akath kathaa man <u>bhaanee</u> .	Meeting with the humble Saints, I have found it; listening to the Unspoken Speech, my mind is pleased.
myYmin qin nwmuADwru hir mYmj y prKusj wxl ]2]	mayrai man tan naam a <u>D</u> haar har mai maylay purak <u>h</u> sujaanee.   2	The Lord's Name is the Support of my mind and body; I am united with the all-knowing Primal Lord God.   2
gir prKYprKuiml wie pB imil sirql siriq smwxl ]	gur purk <u>h</u> ai purak <u>h</u> milaa-ay parab <u>h</u> mil surtee surat samaanee.	The Guru, the Primal Being, has united me with the Primal Lord God. My consciousness has merged into the supreme consciousness.
vFBwgl gurisjvAw hir pwieAw sGV sj wxl ]	vad <u>bha</u> agee gur sayvi-aa har paa-i-aa sug <u>h</u> arh sujaanee.	By great good fortune, I serve the Guru, and I have found my Lord, all-wise and all-knowing.
mnmk Bwg ivhixAw iqn dkl rYx ivhwxl ]3]	manmuk <u>h</u> <u>bha</u> ag vihooni-aa tin duk <u>h</u> ee rain vihaanee.   3	The self-willed manmukhs are very unfortunate; they pass their life-night in misery and pain.   3
hm j wick dln pB qjrAw miK dlj Y Allmq bwxl ]	ham jaachik <u>deen</u> parab <u>h</u> tayri-aa muk <u>h</u> <u>deejai</u> amrit bane.	I am just a meek beggar at Your Door, God; please, place the Ambrosial Word of Your Bani in my mouth.
siqgrumYr imql pB hir mj husGV sj wxl ]	satgur mayraa mitar parab <u>h</u> har maylhu sug <u>h</u> arh sujaanee.	The True Guru is my friend; He unites me with my all-wise, all-knowing Lord God.
j n nwnk srxwgl kir ikrpw nwim smwxl ]4]3]5]	jan naanak sarnaagatee kar kirpaa naam samaanee.   4  3  5	Servant Nanak has entered Your Sanctuary; grant Your Grace, and merge me into Your Name.   4  3  5