

mayray saṭiguraa mai har har naam drirh-aa-ay

mrwlmhl w 4 Gru3 (996-2)	maaroo mehlaa 4 ghar 3	Maaroo, Fourth Mehl, Third House:
hir hir nmmuinDuruI Ygirmiq hir piq pwie ]	har har naam niDhaan lai gurmat har pat paa-ay.	Take the treasure of the Name of the Lord, Har, Har. Follow the Guru's Teachings, and the Lord shall bless you with honor.
hl iq pl iq nwil cl dw hir Aḥy l ey Cfwie ]	halat palat naal chaldaa har antay la-ay chhadaa-ay.	Here and hereafter, the Lord goes with you; in the end, He shall deliver you.
ij QYAvGt gl IAW BIVIAW iqQYhir hir mkiq krwie ]1]	jithai avghat galee-aa bheerhee-aa tithai har har mukat karaa-ay.   1	Where the path is difficult and the street is narrow, there the Lord shall liberate you.   1
myrsiqgrw ml'hir hir nmmuidMwie ]	mayray saṭiguraa mai har har naam drirh-aa-ay.	O my True Guru, implant within me the Name of the Lord, Har, Har.
myrw mwg ipqw siq bDpomy'hir ibnu Avrun mwie ]1] rhau ]	mayraa maat pitaa sut banDhpo mai har bin avar na maa-ay.   1   rahaa-o.	The Lord is my mother, father, child and relative; I have none other than the Lord, O my mother.   1  Pause
ml'hir ibrhl hir nmmuhYkael Awix iml wYmwie ]	mai har birhee har naam hai ko-ee aan milaavai maa-ay.	I feel the pains of love and yearning for the Lord, and the Name of the Lord. If only someone would come and unite me with Him, O my mother.
iqsuAwgYmj dVI myrw plqmdje iml wie ]	tis aagai mai jod-rhee mayraa pareetam day-ay milaa-ay.	I bow in humble devotion to one who inspires me to meet with my Beloved.
siqgrurpirKudieAwl pBu'hir ml' y iFl n pwie ]2]	satgur purakh da-i-aal parabh har maylay dhil na paa-ay.   2	The almighty and merciful True Guru unites me with the Lord God instantaneously.   2
ij n hir hir nmmun cjqE sy Bwghlx mir j wie ]	jini har har naam na chayti-o say bhaagheen mar jaa-ay.	Those who do not remember the Name of the Lord, Har, Har, are most unfortunate, and are slaughtered.
Eie iPir iPir j on BvwelAih mir j thih AwYj wie ]	o-ay fir fir jon bhavaa-ee-ah mar jameh aavai jaa-ay.	They wander in reincarnation, again and again; they die, and are re-born, and continue coming and going.
Eie j m dir bDymwIAih hir drgh iml Ysj wie ]3]	o-ay jam dar baDhay maaree-ah har dargeh milai sajaa-ay.   3	Bound and gagged at Death's Door, they are cruelly beaten, and punished in the Court of the Lord.   3
qlpBuhm srxwqql mokaumjl I hu hir rwie ]	too parabh ham sarnaagatee mo ka-o mayl lai hu har raa-ay.	O God, I seek Your Sanctuary; O my Sovereign Lord King, please unite me with Yourself.
hir Dwir ikpw j gj lvnw gur siqgur kl srxwie ]	har Dhaar kirpaa jagjeevanaa gur satgur kee sarna-ay.	O Lord, Life of the World, please shower me with Your Mercy; grant me the Sanctuary of the Guru, the True Guru.
hir j lauAwip dieAwl uhoie j n nwnk hir ml' wie ]4]1]3]	har jee-o aap da-i-aal ho-ay jan naanak har maylaa-ay.   4  1  3	The Dear Lord, becoming merciful, has blended servant Nanak with Himself.   4  1  3