

har jap japay man Dheeray

maajh mhl w 5 Gru 3] (132-19)	maajh mehlaa 5 ghar 3.	Maajh, Fifth Mehl, Third House:
hir j ip j py mnu Dtry]1] rhwaau]	har jap japay man <u>D</u> heeray. 1 rahaa-o.	Chanting and meditating on the Lord, the mind is held steady. 1 Pause
ismir ismir gurdjau mit gey Bf dtry]1]	simar simar gurdjau-o mit ga-ay <u>b</u> hai <u>d</u> ooray. 1	Meditating, meditating in remembrance on the Divine Guru, one's fears are erased and dispelled. 1
srin Awv/pwrbhm kl qw i Pir kwhy Jtry]2]	saran aavai paarbarahm kee <u>t</u> aa fir kaahay <u>j</u> hoo-ray. 2	Entering the Sanctuary of the Supreme Lord God, how could anyone feel grief any longer? 2
crn syv slh swwD kysgl mnrQ ptry]3]	charan sayv sant <u>s</u> aa <u>D</u> h kay sagal manorath pooray. 3	Serving at the Feet of the Holy Saints, all desires are fulfilled. 3
Git Git ekuvrqdw j il Qil mhlAil ptry]4]	<u>g</u> hat <u>g</u> hat ayk varat <u>d</u> aa jal thal mahee-al pooray. 4	In each and every heart, the One Lord is pervading. He is totally permeating the water, the land, and the sky. 4
ppw ibnw snu sjvAw pivqr slhn kl Dtry]5]	paap binaasan sayvi-aa pavitar santan kee <u>D</u> hoo-ray. 5	I serve the Destroyer of sin, and I am sanctified by the dust of the feet of the Saints. 5
sB Cfweel Ksim Awip hir j ip Bel Trtry]6]	sabh <u>ch</u> hadaa-ee <u>k</u> hasam aap har jap <u>b</u> ha-ee <u>t</u> harooray. 6	My Lord and Master Himself has saved me completely; I am comforted by meditating on the Lord. 6
krqf klAw qpwwsodst meyhie mtry]7]	kartai kee-aa <u>t</u> apaavaso <u>d</u> usat mu-ay ho-ay mooray. 7	The Creator has passed judgement, and the evil-doers have been silenced and killed. 7
nwnk rqw sic nwie hir vKf sdw hj try]8]5]39]1]32]1]5]39]	naanak rataa sach naa-ay har vay <u>k</u> hai sadaa hajo-ray. 8 5 39 1 32 1 5 39	Nanak is attuned to the True Name; he beholds the Presence of the Ever-present Lord. 8 5 39 1 32 1 5 39