

man karhalaa satgur purakh Dhi-aa-ay

rwgu gaI/ pltbl mhl w 4 krhl y (234-4)	raag ga-or ^h ee poorbee mehlaa 4 karhalay	Raag Gauree Poorbee, Fourth Mehl, Karhalay:
krhl ymn prdpsIAw ikauiml IAY hir mwie]	karhalay man pard ^{ay} see-aa ki-o milee-ai har maa-ay.	O my wandering mind, you are like a camel - how will you meet the Lord, your Mother?
guru Bwig plYpwieAw gil imil Aw ipAurw Awie]1]	gur <u>b</u> haag poorai paa-i-aa gal mili-aa pi-aaraa aa-ay. 1	When I found the Guru, by the destiny of perfect good fortune, my Beloved came and embraced me. 1
mn krhl w siggru pirKu iDAwie]1] rhwa]	man karhalaa satgur purakh <u>Dhi</u> -aa- ay. 1 rahaa-o.	O camel-like mind, meditate on the True Guru, the Primal Being. 1 Pause
mn krhl w vlcwrlAw hir rnm nwm iDAwie]	man karhalaa veechaaree-aa har raam naam <u>Dhi</u> -aa-ay.	O camel-like mind, contemplate the Lord, and meditate on the Lord's Name.
ij QYI Kw mltglAY hir Awpy I eyCfwie]2]	jithai lay ^k haa manglee-ai har aapay la- ay <u>ch</u> hadaa-ay. 2	When you are called to answer for your account, the Lord Himself shall release you. 2
mn krhl w Aiq inrml w ml ul wgl hamYAwie]	man karhalaa a ^t nirmalaa mal laagee ha-umai aa-ay.	O camel-like mind, you were once very pure; the filth of egotism has now attached itself to you.
prqiK ipru Gir nwil ipAurw ivCiV cotw Kwie]3]	part ^a kh pir <u>g</u> har naal pi-aaraa <u>vich</u> hurh chotaa <u>k</u> haa-ay. 3	Your Beloved Husband is now manifest before you in your own home, but you are separated from Him, and you suffer such pain! 3
mn krhl w myrptqmw hir irdY Bwil Bwl wie]	man karhalaa mayray pareet ^a maa har ridai <u>b</u> haal <u>b</u> haalaa-ay.	O my beloved camel-like mind, search for the Lord within your own heart.
apwie ikqY'n I Bel guru ihrdY hir dKwie]4]	upaa-ay kitai na lab ^h -ee gur hir ^d ai har <u>day</u> kh ^a a-ay. 4	He cannot be found by any device; the Guru will show you the Lord within your heart. 4
mn krhl w myrptqmw idnu r'x hir il v I wie]	man karhalaa mayray pareet ^a maa <u>d</u> in rain har liv laa-ay.	O my beloved camel-like mind, day and night, lovingly attune yourself to the Lord.
Gruj wie pivih rltg mhl I gurumY y hir my wie]5]	<u>g</u> har jaa-ay paavahi rang mahlee gur maylay har maylaa-ay. 5	Return to your own home, and find the palace of love; meet the Guru, and meet the Lord. 5
mn krhl w qlmlqumyrw pwKlfu I Bu qj wie]	man karhalaa too ^N meet mayraa <u>p</u> akhand lob ^h <u>t</u> ajaa-ay.	O camel-like mind, you are my friend; abandon hypocrisy and greed.
pwKlf I Bl mwrIAY m flfudje sj wie]6]	<u>p</u> akhand lob ^h ee maaree-ai jam dand <u>day</u> -ay sajaa-ay. 6	The hypocritical and the greedy are struck down; the Messenger of Death punishes them with his club. 6

mn krhl w myrptn qllml upiKifU Brmugwie]	man karhalaa mayray paraan too ^N mail pakhand bharam gavaa-ay.	O camel-like mind, you are my breath of life; rid yourself of the pollution of hypocrisy and doubt.
hir Allq srugir pArAw imil shqI ml ul ih j wie]7]	har amrit sar gur poori-aa mil sangtee mal leh jaa-ay. 7	The Perfect Guru is the Ambrosial Pool of the Lord's Nectar; join the Holy Congregation, and wash away this pollution. 7
mn krhl w myrjipAwirAw iek gir kl isK sAwie]	man karhalaa mayray pi-aari-aa ik gur kee sikh sunaa-ay.	O my dear beloved camel-like mind, listen only to the Teachings of the Guru.
iehumhuAw psirAw Allq swiQ n kael j wie]8]	ih moh maa-i-aa pasri-aa ant saath na ko-ee jaa-ay. 8	This emotional attachment to Maya is so pervasive. Ultimately, nothing shall go along with anyone. 8
mn krhl w myrsij nw hir Krcu l IA w piq pwie]	man karhalaa mayray saajnaa har kharach lee-aa pat paa-ay.	O camel-like mind, my good friend, take the supplies of the Lord's Name, and obtain honor.
hir drgh phwieAw hir Awip l ieAw gil l wie]9]	har dargeh painaa-i-aa har aap la-i-aa gal laa-ay. 9	In the Court of the Lord, you shall be robed with honor, and the Lord Himself shall embrace you. 9
mn krhl w gir mlhAw gurmiK kwr kAwie]	man karhalaa gur mani-aa gurmukh kaar kamaa-ay.	O camel-like mind, one who surrenders to the Guru becomes Gurmukh, and works for the Lord.
gur Awglkir j dVI j n nwnk hir myl wie]10 1]	gur aagai kar jod-rhee jan naanak har maylaa-ay. 10 1	Offer your prayers to the Guru; O servant Nanak, He shall unite you with the Lord. 10 1