

man mayray an-din jaag har chayt

isrlrwgumhl 3] (34-13)	sireeraag mehlaa 3.	Siree Raag, Third Mehl:
iksuhaisyl ikAw j pukrl sqqur pCauj wie]	kis ha-o sayvee ki-aa jap karee satgur poochha-o jaa-ay.	Whom shall I serve? What shall I chant? I will go and ask the Guru.
sqqur kw Bixw mlh l el ivchu Awpugwie]	satgur kaa bhaanaa man la-ee vichahu aap gavaa-ay.	I will accept the Will of the True Guru, and eradicate selfishness from within.
ehw syw cwkrl nmmvslmin Awie]	ayhaa sayvaa chaakree naam vasai man aa-ay.	By this work and service, the Naam shall come to dwell within my mind.
nmmhl qyskwpuelAyscl'sbid shwie]1]	naamai hee tay sukh paa-ee-ai sachai sabad suhaa-ay. 1	Through the Naam, peace is obtained; I am adorned and embellished by the True Word of the Shabad. 1
mn myrAnidnuj wguhir cqj]	man mayray an-din jaag har chayt.	O my mind, remain awake and aware night and day, and think of the Lord.
Awpxl Kql rik lYkll pVgl Kjq]1] rhwau]	aapnee khaytee rakh lai koo ^{Nj} parhaigee khayt. 1 rahaa-o.	Protect your crops, or else the birds shall descend on your farm. 1 Pause
mn kIAw iecw plIAw sbid rihAw BrplR]	man kee-aa ichhaa pooree-aa sabad rahi-aa bharpoor.	The desires of the mind are fulfilled, when one is filled to overflowing with the Shabad.
BYBwie Bgiq krih idnuwql hir j lauvKYsdw hdlR]	bhai bhaa-ay bhagaṭ karahi din raatee har jee-o vaykhai sadaa hadoor.	One who fears, loves, and is devoted to the Dear Lord day and night, sees Him always close at hand.
sc'lsbid sdw mnuwqw Bknu gieAw srlrhu dR]	sachai sabad sadaa man raataa bharam ga-i-aa sareerahu door.	Doubt runs far away from the bodies of those, whose minds remain forever attuned to the True Word of the Shabad.
inrml uswihbu pwieAw swc w gxl ghlru]2]	nirmal saahib paa-i-aa saachaa gunee gaheer. 2	The Immaculate Lord and Master is found. He is True; He is the Ocean of Excellence. 2
j oj wgy sy abry sbj gey mlhwie]	jo jaagay say ubray sootay ga-ay muhaa-ay.	Those who remain awake and aware are saved, while those who sleep are plundered.
scw sbdu n pCwixE spnw gieAw ivhwie]	sachaa sabad na pachhaani-o supnaa ga-i-aa vihaa-ay.	They do not recognize the True Word of the Shabad, and like a dream, their lives fade away.

<p>ਸੰਕ੍ਯ ਗੁਰ ਕ੍ਵ ਪ੍ਰਿਖਕ੍ਵ ਿਜ ਆੁ ਆਇ ਆੁ ਿਕਾੁ ਜ ਵੀਏ]</p>	<p>sunjay <u>ghar</u> kaa paahunaa ji-o aa- i-aa <u>ti</u>-o jaa-ay.</p>	<p>Like guests in a deserted house, they leave just exactly as they have come.</p>
<p>ਮਨਮੁਕ ਜ ਨਮੁ ਿਬਰੁ ਆੁ ਗਿਏ ਆੁ ਿਕ ਆੁ ਮਿਹੁ ਡਿਸਿ ਜ ਵੀਏ] 3]</p>	<p>manmukh janam birthaa ga-i-aa ki- aa muhu <u>daysee</u> jaa-ay. 3 </p>	<p>The life of the self-willed manmukh passes uselessly. What face will he show when he passes beyond? 3 </p>
<p>ਸਬ ਿਕ ਚੁ ਆਪੁ ਆਪਿ ਹਿ ਆਮਿ ਿਵਿ ਕਹੁ ਨ ਜ ਵੀਏ]</p>	<p>sabh <u>kichh</u> aapay aap hai ha-umai vich kahan na jaa-ay.</p>	<p>God Himself is everything; those who are in their ego cannot even speak of this.</p>
<p>ਗੁਰ ਕ੍ਵ ਸਬਿ ਡਿ ਚੁ ਿ ਆ ਿ ਆ ਿ ਡਿ ਕੁ ਆਮਿ ਿਵ ਚੁ ਿ ਗੁ ਵੀਏ]</p>	<p>gur kai saba<u>d</u> pach<u>haanee</u>-ai <u>dukh</u> ha-umai vichahu gavaa-ay.</p>	<p>Through the Word of the Guru's Shabad, He is realized, and the pain of egotism is eradicated from within.</p>
<p>ਸਗੁਰੁ ਸੁ ਿ ਆਪੁ ਆਪੁ ਆਪੁ ਆਪੁ ਆਪੁ ਿ ਆਪੁ ਆਪੁ]</p>	<p>sa<u>tgur</u> sayvan aap<u>naa</u> ha-o <u>tin</u> kai laaga-o paa-ay.</p>	<p>I fall at the feet of those who serve their True Guru.</p>
<p>ਨਾਨਕ ਡਿਰ ਸਚਿ ਸਿ ਆੁ ਹਿ ਹਿ ਆੁ ਿ ਆੁ ਿ ਆੁ] 4] 21] 54]</p>	<p>naanak <u>dar</u> sachai sachiaar heh ha-o <u>tin</u> balihaarai jaa-o. 4 21 54 </p>	<p>O Nanak, I am a sacrifice to those who are found to be true in the True Court. 4 21 54 </p>