

ji-o jaanhu ti-o raakh har parabh tayri-aa

j bsrI mhl w 5 Gr 2 ] Ckq ] (704-9)	jait_saree mehlaa 5 ghar 2. <u>chhant</u> .	Jaitsree, Fifth Mehl, Second House: Chhant:
ij auj wnhu iqauri Kahir pB qjrAw ]	ji-o jaanhu <u>ti-o raakh</u> har <u>parabh</u> <u>tayri-aa</u> .	Save me, any way You can; O Lord God, I am Yours.
kqy gnau AsIk Avgx mjrAw ]	kay_tay gan-o asa <sup>N</sup> kh avgan mayri- aa.	My demerits are uncountable; how many of them should I count?
AsIk Avgx Kqy Prynqplq sd BU IAY ]	asa <sup>N</sup> kh avgan <u>khatay</u> fayray nitparat sad <u>bhoolee-ai</u> .	The sins and crimes I committed are countless; day by day, I continually make mistakes.
mh mgn ibkrwl mwieAw qau pBwdI GU IAY ]	moh magan bikraal maa-i-aa ta-o parsaadee <u>ghoolee-ai</u> .	I am intoxicated by emotional attachment to Maya, the treacherous one; by Your Grace alone can I be saved.
I k krq ibkrw ibKVypB nyr hl qynjrAw ]	look karat bikaar bikh-rhay <u>parabh</u> nayr hoo tay nayri-aa.	Secretly, I commit hideous sins of corruption, even though God is the nearest of the near.
ibnvllq nwnk dieAw Dwrhu kiwF Bvj I PjrAw ] 1 ]	binvant naanak da-i-aa <u>Dhaarahu</u> kaadh <u>bhavjal</u> fayri-aa.   1	Prays Nanak, shower me with Your Mercy, Lord, and lift me up, out of the whirlpool of the terrifying world-ocean.   1
sl ku ]	salok.	Shalok:
inriq n pvfAsIk gkx albw pB kw nwaU ]	nirat na pavai asa <sup>N</sup> kh gun oochaa <u>parabh</u> kaa naa-o.	Countless are His virtues; they cannot be enumerated. God's Name is lofty and exalted.
nwnk kl bnqqlAw iml YinQwvy Qwau ] 2 ]	naanak kee banante <sup>e</sup> -aa milai nithaavay thaa-o.   2	This is Nanak's humble prayer, to bless the homeless with a home.   2
Ckqu ]	<u>chhant</u> .	Chhant:
dBr nwhI Twaukw pih j weIAY ]	doosar naahee <u>thaa-o</u> kaa peh jaa- ee-ai.	There is no other place at all - where else should I go?
AwT phr kr j iV so pBu iDAweIAY ]	aath pahar kar jorh so <u>parabh</u> <u>Dhi</u> - aa-ee-ai.	Twenty-four hours a day, with my palms pressed together, I meditate on God.

iDAwie so pBU sdu Apinw mnih icllidAw pweIAI ]	<u>D</u> hi-aa-ay so parabh sadaa apunaa maneh chind <u>i</u> -aa paa-ee-ai.	Meditating forever on my God, I receive the fruits of my mind's desires.
qij mwn mhuivkurudj w ek isau il v I weIAI ]	ta <sup>j</sup> maan moh vikaar doojaa ayk si- o liv laa-ee-ai.	Renouncing pride, attachment, corruption and duality, I lovingly center my attention on the One Lord.
Arip mnu qnu pBU AwgY Awpu sgl imtweIAI ]	arap man ta <sup>n</sup> parabhoo aagai aap sagal mitaa-ee-ai.	Dedicate your mind and body to God; eradicate all your self- conceit.
ibnvllq nwnku Dwir ikrpw swic nwm smweIAI ]2]	binva <sup>n</sup> t naanak <u>D</u> haar kirpaa saach naam samaa-ee-ai.   2	Prays Nanak, shower me with Your mercy, Lord, that I may be absorbed in Your True Name.   2
sl ku ]	salok.	Shalok:
rymn qw kau iDAweIAI sB ibiD j w kY hwiQ ]	ray man ta <sup>a</sup> ka-o <u>D</u> hi-aa-ee-ai sabh bi <u>D</u> h jaa kai haath.	O mind, meditate on the One, who holds everything in His hands.
rwm nwm Dnu sMIAI nwnk inbhY swiQ ]3]	raam naam <u>D</u> han sanchee-ai naanak nibhai saath.   3	Gather the wealth of the Lord's Name; O Nanak, it shall always be with You.   3
Chku ]	chhant.	Chhant:
suQIAVw pBU ekudtr nwh koe ]	saathee-ar <sup>h</sup> aa parabh ayk doosar naahi ko-ay.	God is our only True Friend; there is not any other.
Qwn Qnqir Awip j il Qil p <sup>r</sup> sie ]	thaan thana <sup>n</sup> tar aap jal thal poor so-ay.	In the places and interspaces, in the water and on the land, He Himself is pervading everywhere.
j il Qil mhlAil p <sup>r</sup> rihAw srb dwqw pBU Dnl ]	jal thal mahee-al poor rahi-aa sarab daa <sup>t</sup> aa parabh <u>D</u> hanee.	He is totally permeating the water, the land and the sky; God is the Great Giver, the Lord and Master of all.
gowl gobind Alku nwhl byAlk gw qw kyikAw gnl ]	gopaal gobind ant naahee bay-ant gun ta <sup>a</sup> kay ki-aa ganee.	The Lord of the world, the Lord of the universe has no limit; His Glorious Virtues are unlimited - how can I count them?
Bj usrix sAwml sKh gwml iqsu ibnw An nwh koe ]	bh <sup>a</sup> j sara <sup>n</sup> su-aamee suk <sup>h</sup> ah gaamee tis binaa an naahi ko-ay.	I have hurried to the Sanctuary of the Lord Master, the Bringer of peace; without Him, there is no other at all.
ibnvllq nwnk dieAw Dwrhu iqsu pripiq nwmuhie ]3]	binva <sup>n</sup> t naanak da-i-aa <u>D</u> haarahu tis paraapa <sup>t</sup> naam ho-ay.   3	Prays Nanak, that being, unto whom the Lord shows mercy - he alone obtains the Naam.   3

sl ku ]	salok.	Shalok:
icic ij icqivAw so m'pwieAw ]	chit je chitvi-aa so mai paa-i-aa.	Whatever I wish for, that I receive.
nwnk nwmuiDAwie sK sbwieAw ]4]	naanak naam <u>D</u> hi-aa-ay <u>sukh</u> sabaa-i-aa.   4	Meditating on the Naam, the Name of the Lord, Nanak has found total peace.   4
Ckqu ]	<u>chhant</u> .	Chhant:
Ab mnu Cilt gieAw suDlslig iml y ]	ab man <u>chhoot</u> ga-i-aa saa <u>D</u> hoo sang milay.	My mind is now emancipated; I have joined the Saadh Sangat, the Company of the Holy.
gurmik nwmul ieAw j qj j iq r l y ]	gurmukh naam la-i-aa jotee jot ralay.	As Gurmukh, I chant the Naam, and my light has merged into the Light.
hir nwmu ismrq imtyikl ibK bwl qpiq AGwinAw ]	har naam simrat mitay kilbikh bujhee <u>tapat</u> <u>aghaani</u> -aa.	Remembering the Lord's Name in meditation, my sins have been erased; the fire has been extinguished, and I am satisfied.
gih Bj w l InydieAw kInyAw pny kir mwinAw ]	geh <u>bhujaa</u> leenay <u>da</u> -i-aa keenay aapnay kar maani-aa.	He has taken me by the arm, and blessed me with His kind mercy; He has accepted me His own.
l YAmk l weyhir iml weyj nm mrxi dK j l y ]	lai ank laa-ay har milaa-ay janam marna <u>dukh</u> jalay.	The Lord has hugged me in His embrace, and merged me with Himself; the pains of birth and death have been burnt away.
ibnvllq nwnk dieAw Dwrl mj l l Inyiek pl y ]4]2]	binvant naanak <u>da</u> -i-aa <u>D</u> haaree mayl leenay ik palay.   4  2	Prays Nanak, He has blessed me with His kind mercy; in an instant, He unites me with Himself.   4  2