

poojaa keechai naam Dhi-aa-ee-ai bin naavai pooj na ho-ay

<p>raag goojree mehlaa 1 cha-upday (489-4)</p>	<p>raag goojree mehlaa 1 cha-upday ghar 1.</p>	<p>Raag Goojaree, First Mehl, Chau-Padas, First House:</p>
<p>qyrw nwmu krl cnxwTIAw j ymnu arsw hie ]</p>	<p>tayraa naam karee channaathee- aa jay man ursaa ho-ay.</p>	<p>I would make Your Name the sandalwood, and my mind the stone to rub it on;</p>
<p>krxl kbljyrlYGt Aljir pj w hie ]1]</p>	<p>karnee kungoo jay ralai ghat antar poojaa ho-ay.   1  </p>	<p>for saffron, I would offer good deeds; thus, I perform worship and adoration within my heart.   1  </p>
<p>plj w klcY nwmu iDAweIAyibnu nwy plj n hie ]1] rhau ]</p>	<p>poojaa keechai naam <u>D</u>hi-aa-ee-ai bin naavai pooj na ho-ay.   1   rahaa-o.</p>	<p>Perform worship and adoration by meditating on the Naam, the Name of the Lord; without the Name, there is no worship and adoration.   1  Pause  </p>
<p>bwhir dyv pKwl IAih j ymnu Dwy kie ]</p>	<p>baahar dayv pakhaalee-ah jay man <u>D</u>hovai ko-ay.</p>	<p>If one were to wash his heart inwardly, like the stone idol which is washed on the outside,</p>
<p>j IT I hYj laumwj IAYmK pieAwxw hie ]2]</p>	<p>jooth lahai jee-o maajee-ai mokh pa-i-aanaa ho-ay.   2  </p>	<p>his filth would be removed, his soul would be cleansed, and he would be liberated when he departs.   2  </p>
<p>psl iml ih cllgAwelAw KVu Kivih Alimku djh ]</p>	<p>pasoo mileh chang-aa-ee-aa kharh khaaveh amrit deh.</p>	<p>Even beasts have value, as they eat grass and give milk.</p>
<p>nwm ivhtky Awdml iDguj lvx krm krijh ]3]</p>	<p>naam vihoonay aadmee <u>D</u>harig jeevan karam karayhi.   3  </p>	<p>Without the Naam, the mortal's life is cursed, as are the actions he performs.   3  </p>
<p>nyw hYdlir n j wixAhuinq swry sthal y ]</p>	<p>nayrhaa hai door na jaani-ahu nit saaray sam<sup>H</sup>aalay.</p>	<p>The Lord is hear at hand - do not think that He is far away. He always cherishes us, and remembers us.</p>
<p>j o dyY so Kivxw khu nwnk swcw hy ]4]1]</p>	<p>jo dayvai so khaavn<sup>aa</sup> kaho naanak saachaa hay.   4  1  </p>	<p>Whatever He gives us, we eat; says Nanak, He is the True Lord.   4  1  </p>