

nirbighan bhagat bhaj har har naa-o

Braumhl w 5] (1150-6)	bhairo mehlaa 5.	Bhairao, Fifth Mehl:
nwmu l q ikCuibGnu n l wgy]	naam lait kichh bighan na laagai.	Repeating the Naam, the Name of the Lord, no obstacles block the way.
nwmu sxxq j mu dlrhu Bwgy]	naam sunat jam Dhoorahu bhaagai.	Listening to the Naam, the Messenger of Death runs far away.
nwmu l q sB dKk nwsu]	naam lait sabh dookhah naas.	Repeating the Naam, all pains vanish.
nwmu j pq hir crx invwsu]1]	naam japat har charan nivaas. 1	Chanting the Naam, the Lord's Lotus Feet dwell within. 1
inribGn Bgiq Bj uhir hir nwaui]	nirbighan bhagat bhaj har har naa-o.	Meditating, vibrating the Name of the Lord, Har, Har, is unobstructed devotional worship.
rsik rsik hir kygx gwau]1] rhwau]	rasak rasak har kay gun gaa-o. 1 rahaa-o.	Sing the Glorious Praises of the Lord with loving affection and energy. 1 Pause
hir ismrq ikCuicwKun j hyl]	har simrat kichh chaakh na johai.	Meditating in remembrance on the Lord, the Eye of Death cannot see you.
hir ismrq dlq djaun phyl]	har simrat dait day-o na pohai.	Meditating in remembrance on the Lord, demons and ghosts shall not touch you.
hir ismrq mohumwun bDyl]	har simrat moh maan na baDhai.	Meditating in remembrance on the Lord, attachment and pride shall not bind you.
hir ismrq grB j in n rDyl]2]	har simrat garabh jon na ruDhai. 2	Meditating in remembrance on the Lord, you shall not be consigned to the womb of reincarnation. 2
hir ismrn kl sgl l byl w]	har simran kee saglee baylaa.	Any time is a good time to meditate in remembrance on the Lord.
hir ismrnbhumwih iekyl w]	har simran baho maahi ikaylaa.	Among the masses, only a few meditate in remembrance on the Lord.
j wiq Aj wiq j plj nu kie]	jaat ajaat japai jan ko-ay.	Social class or no social class, anyone may meditate on the Lord.
j oj wpliqs kl giq hie]3]	jo jaapai tis kee gat ho-ay. 3	Whoever meditates on Him is emancipated. 3

hir kw nwmuj pIA' swDsllg]	har kaa naam japee-ai saa <u>D</u> hsang.	Chant the Name of the Lord in the Saadh Sangat, the Company of the Holy.
hir kynwm kw pl'n rlg]	har kay naam kaa pooran rang.	Perfect is the Love of the Lord's Name.
nwnk kaupB ikrpw Dvir]	naanak ka-o parabh kirpaa <u>D</u> haar.	O God, shower Your Mercy on Nanak,
swis swis hir dhucqwir]4]36]49]	saas saas har <u>d</u> ayh chitaar. 4 36 49	that he may think of you with each and every breath. 4 36 49