

paath parhi-o ar bayd beechaari-o nival bhu-angam saaDhay

sriT mhl 5 Gru2 AstpdIAw (641-17)	sorath mehlaa 5 ghar 2 asatpadee-aa	Sorat'h, Fifth Mehl, Second House, Ashtapadees:
pwTupiVE ArubpublcwirE invil BvAghm suDy]	paath parhi-o ar bayd beechaari-o nival bhu-angam saaDhay.	They read scriptures, and contemplate the Vedas; they practice the inner cleansing techniques of Yoga, and control of the breath.
plc j nw isauslgyun CutikeE AiDk AhlbiD buDy]1]	panch janaa si-o sang na chhutki-o aDhik aha ^N -buDh baaDhay. 1	But they cannot escape from the company of the five passions; they are increasingly bound to egotism. 1
ipAwryien ibiD iml xun j wel mY kleykrm Anjkw]	pi-aaray in biDh milan na jaa-ee mai kee-ay karam anaykaa.	O Beloved, this is not the way to meet the Lord; I have performed these rituals so many times.
hwir pirE suAmI kYdiAwrydlj Y biD ibbjkw] rhwau]	haar pari-o su-aamee kai du-aarai deejai buDh bibaykaa. rahaa-o.	I have collapsed, exhausted, at the Door of my Lord Master; I pray that He may grant me a discerning intellect. Pause
min BieE krpwql rihE ngn iPirE bn mwhl]	mon bha-i-o karpaa ^{tee} rahi-o nagan firi-o ban maahee.	One may remain silent and use his hands as begging bowls, and wander naked in the forest.
qt qlrQ sB Drql BlmE diibDw CutkYnwhl]2]	tat tirath sabh Dharte ^e bharmi-o dubiDhaa chhutkai naahee. 2	He may make pilgrimages to river banks and sacred shrines all over the world, but his sense of duality will not leave him. 2
mn kmnw qlrQ j wie bisE isir krvq Drwey]	man kaamnaa tirath jaa-ay basi-o sir karvat Dharaa-ay.	His mind's desires may lead him to go and dwell at sacred places of pilgrimage, and offer his head to be sawn off;
mn kl mY un aqrYieh ibiD j y I K j qn krwey]3]	man kee mail na utrai ih biDh jay lakh ja ^{tan} karaa-ay. 3	but this will not cause the filth of his mind to depart, even though he may make thousands of efforts. 3
kink kwimnl hvr glvr bhuibiD dwnudwqrw]	kanik kaaminee haivar gaivar baho biDh daan daa ^{ta} araa.	He may give gifts of all sorts - gold, women, horses and elephants.
Alh bsqrBlm bhuArpynh iml IAYhir diAwry]4]	ann bastar bhoom baho arpay nah milee-ai har du-aaraa. 4	He may make offerings of corn, clothes and land in abundance, but this will not lead him to the Lord's Door. 4

pj ॥ Arcw bDn fFaq Ktu krmw rqurhqw]	poojaa archaa bandan dand-ut <u>khat</u> karmaa rat̄ raṭṭaa.	He may remain devoted to worship and adoration, bowing his forehead to the floor, practicing the six religious rituals.
hau hau krq bDn mih pirAw nh iml IAYieh j gqww]5]	ha-o ha-o karat̄ banDhan meh pari-aa nah milee-ai ih jugṭaa. 5	He indulges in egotism and pride, and falls into entanglements, but he does not meet the Lord by these devices. 5
j g isD Awsx carwsh ey Bl kir kir rihAw]	jog siDh aasan cha-oraaseeh ay <u>bhee</u> kar kar rahi-aa.	He practices the eighty-four postures of Yoga, and acquires the supernatural powers of the Siddhas, but he gets tired of practicing these.
vfl Awrj ॥ iPir iPir j nml hir isau stgn gihAw]6]	vadee aarjaa fir fir janmai har si-o sang na gahi-aa. 6	He lives a long life, but is reincarnated again and again; he has not met with the Lord. 6
rwj I II ॥ rwj n kl rcnw kirAw hkmu APwrw]	raaj leelaa raajan kee rachnaa kari-aa hukam afaaraa.	He may enjoy princely pleasures, and regal pomp and ceremony, and issue unchallenged commands.
sj shnl cDnu cAw nrk Gr kw diAwrw]7]	sayj sohnee chandan cho-aa narak <u>ghor</u> kaa du-aaraa. 7	He may lie on beautiful beds, perfumed with sandalwood oil, but this will led him only to the gates of the most horrible hell. 7
hir klriq swDshtjq hYisir krmn kY krmw]	har keerat̄ saaDhsangat̄ hai sir karman kai karmaa.	Singing the Kirtan of the Lord's Praises in the Saadh Sangat, the Company of the Holy, is the highest of all actions.
khu nwnk iqsu BieE prwpiq ij su pirb il Kykw I hnw]8]	kaho naanak tis <u>bha</u> -i-o paraapat̄ jis purab likhay kaa lahaa. 8	Says Nanak, he alone obtains it, who is pre-destined to receive it. 8
qyro sykuieh rllg mwqw]	ṭayro sayvak ih rang maat̄aa.	Your slave is intoxicated with this Love of Yours.
BieE ikPwl udln dK Bjj nu hir hir klrqin iehumnu rwwq] rhwaudj ॥]1]3]	<u>bha</u> -i-o kirpaal <u>deen</u> <u>dukh</u> <u>bhanjan</u> har har keertan ih man raat̄aa. rahaa- o doojaa. 1 3	The Destroyer of the pains of the poor has become merciful to me, and this mind is imbued with the Praises of the Lord, Har, Har. Second Pause 1 3