

mayray man parabh sarnaa-ee paa-ay

isrIngu mhl 5] (46-10)	sireeraag mehlaa 5.	Siree Raag, Fifth Mehl:
plhw siqgur j y iml Y pweIAY sbdu inDwuu]	pooraa satgur jay milai paa-ee-ai sabad niDhaan.	If we meet the Perfect True Guru, we obtain the Treasure of the Shabad.
kir ikrpw pB Awpxl j pIAY Almq nmmu]	kar kirpaa parabh aapnee japee-ai amrit naam.	Please grant Your Grace, God, that we may meditate on Your Ambrosial Naam.
j nm mrx dKu kwtIAYI wglshij iDAwuu]1]	janam maran dukh kaatee-ai laagai sahj Dhi-aan. 1	The pains of birth and death are taken away; we are intuitively centered on His Meditation. 1
myr mn pB srxiel piie]	mayray man parabh sarnaa-ee paa-ay.	O my mind, seek the Sanctuary of God.
hir ibnu dj w konhl ekonmmu iDAwie]1] rhwau]	har bin doojaa ko nahee ayko naam Dhi-aa-ay. 1 rahaa-o.	Without the Lord, there is no other at all. Meditate on the One and only Naam, the Name of the Lord. 1 Pause
klmiq khxun j weIAY sigrugxl AQwuu]	keemat kahan na jaa-ee-ai saagar gunee athaahu.	His Value cannot be estimated; He is the Vast Ocean of Excellence.
vfBwgl iml ushgql scw sbdu ivswuu]	vadbhaagee mil sangtee sachaa sabad visaahu.	O most fortunate ones, join the Sangat, the Blessed Congregation; purchase the True Word of the Shabad.
kir sjw sk sigryisir sihw piwqsuu]2]	kar sayvaa sukh saagrai sir saahaa paatisaahu. 2	Serve the Lord, the Ocean of Peace, the Supreme Lord over kings and emperors. 2
crx kml kw Awsw dj w nwhl Twau]	charan kamal kaa aasraa doojaa naahee thaa-o.	I take the Support of the Lord's Lotus Feet; there is no other place of rest for me.
mYDr qrl pwrblhm qryqwix rhwau]	mai Dhar tayree paarbarahm tayrai taan rahaa-o.	I lean upon You as my Support, O Supreme Lord God. I exist only by Your Power.
inmwixAw pBumwuu qllqrystlg smwuu]3]	nimaani-aa parabh maan too ^N tayrai sang samaa-o. 3	O God, You are the Honor of the dishonored. I seek to merge with You. 3
hir j pIAY AwruDIAY AwT phr govdu]	har japee-ai aaraaDhee-ai aath pahar govind.	Chant the Lord's Name and contemplate the Lord of the World, twenty-four hours a day.
j IA plix qnu Dnu rKy kir ikrpw ruKI ij du]	jee-a paraan tan Dhan rakhay kar kirpaa raakhee jind.	He preserves our soul, our breath of life, body and wealth. By His Grace, He protects our soul.
nwnk sgl ydK aqwirAnu pBu pwrblhm bkisdu]4]12]82]	naanak saglay dokh utaari-an parabh paarbarahm bakhsind. 4 12 82	O Nanak, all pain has been washed away, by the Supreme Lord God, the Forgiver. 4 12 82