

man mayray gurmukh naam Dhi-aa-ay

pBwqI mhl w 3] (1346-15)	parbhaatee mehlaa 3.	Prabhaatee, Third Mehl:
BYBwie j wgy syj n j wgb krih hamYmI uaqwir]	bhai bhaa-ay jaagay say jan jaagraṅ karahi ha-umai mail uṭaar.	Those who remain awake and aware in the Love and Fear of God, rid themselves of the filth and pollution of egotism.
sdw j wgiH GruApxw rwiKih pIt qskr kwFih mwir]1]	sadaa jaageh ghar apnaa raakhahi panch taskar kaadheh maar. 1	They remain awake and aware forever, and protect their homes, by beating and driving out the five thieves. 1
mn myrgirmik nmmu iDAwie]	man mayray gurmukh naam <u>Dhi</u> -aa-ay.	O my mind, as Gurmukh, meditate on the Naam, the Name of the Lord.
ij qumwrig hir pweIAYmn sEl krm kmwie]1] rhwau]	jit maarag har paa-ee-ai man say-ee karam kamaa-ay. 1 rahaa-o.	O mind, do only those deeds which will lead you to the Path of the Lord. 1 Pause
gurmik shj Diin abj ydiku hamY ivchuj wie]	gurmukh sajh <u>Dhun</u> oopjai dukh ha-umai vichahu jaa-ay.	The celestial melody wells up in the Gurmukh, and the pains of egotism are taken away.
hir nmmw hir min vsYshj yhir gx gwie]2]	har naamaa har man vasai sehjay har gun gaa-ay. 2	The Name of the Lord abides in the mind, as one intuitively sings the Glorious Praises of the Lord. 2
gurmql mK shxyhir rwiKAw air Dwir]	gurmatee mukh sohṅay har raakhi-aa ur <u>Dhaar</u> .	Those who follow the Guru's Teachings - their faces are radiant and beautiful. They keep the Lord enshrined in their hearts.
ADYEQYsKuGxw j ip hir hir aqrypwir]3]	aithai othai sukh ghaṅaa jap har har uṭray paar. 3	Here and hereafter, they find absolute peace; chanting the Name of the Lord, Har, Har, they are carried across to the other shore. 3
hamYivic j wgbku n hwel hir Bgiq n pvel Qwie]	ha-umai vich jaagraṅ na hova-ee har bhagaṭ na pav-ee thaa-ay.	In egotism, one cannot remain awake and aware, and one's devotional worship of the Lord is not accepted.
mmK dir Fel nwl hih Bwie dj Ykrm kmwie]4]	manmukh dar dho-ee naa laheh bhaa-ay doojai karam kamaa-ay. 4	The self-willed manmukhs find no place in the Court of the Lord; they do their deeds in the love of duality. 4
iDgyKuwxw iDgyphxw ij n#dj Y Bwie ipAwru]	<u>Dharig</u> khaṅaa <u>Dharig</u> pain ^H naa jin ^H aa doojai bhaa-ay pi-aar.	Cursed is the food, and cursed are the clothes, of those who are attached to the love of duality.
ibstw kykIVyibstw rwqymir j thih hih KuAwru]5]	bistaa kay keerhay bistaa raṭay mar jameh hohi khu-aar. 5	They are like maggots in manure, sinking into manure. In death and rebirth, they are wasted away to ruin. 5

ij n kau siqgru Bj tA w iqn w ivthubil j wau]	j in ka-o satgur <u>b</u> hayti-aa tinaa vitahu bal jaa-o.	I am a sacrifice to those who meet with the True Guru.
iqn kl s i q imil rh w scysic sm wau]6]	t in kee sangat mil rahaa ^N sachay sach samaa-o. 6	I shall continue to associate with them; devoted to Truth, I am absorbed in Truth. 6
pl t Y B i i g gur u p w e l A y a p w i e i k q l n p w i e A w j w i e]	poorai <u>b</u> haag gur paa-ee-ai upaa- ay kitai na paa-i-aa jaa-ay.	By perfect destiny, the Guru is found. He cannot be found by any efforts.
siqgr q y shj u a l b j Y h a m Y s b i d j l w i e]7]	satgur t ay sahj oopjai ha-umai sabad jalaa-ay. 7	Through the True Guru, intuitive wisdom wells up; through the Word of the Shabad, egotism is burnt away. 7
hir sr x w e l B j u m n m y r y s B i k C u k r x Y j g u]	har sarnaa-ee <u>b</u> haj man mayray sabh kichh karnai jog.	O my mind, hurry to the Sanctuary of the Lord; He is Potent to do everything.
n w n k n w m u n v l s r Y j o i k C u k r Y s u h g u]8]2]7]2]9]	naanak naam na veesrai jo kichh karai so hog. 8 2 7 2 9	O Nanak, never forget the Naam, the Name of the Lord. Whatever He does, comes to pass. 8 2 7 2 9