

man ray parabh kee saran bichaaro

sriT mhl w 9] (632-4)	sorath mehlaa 9.	Sorat'h, Ninth Mehl:
mn rypB kl srin ibcwro]	man ray parabh kee saran bichaaro.	O mind, contemplate the Sanctuary of God.
ij h ismrq gnk w sl aDri q w ko j suar Dwro]1] rhwau]	jih simrat gankaa see uDhree taa ko jas ur Dhaaro. 1 rahaa-o.	Meditating on Him in remembrance, Ganika the prostitute was saved; enshrine His Praises within your heart. 1 Pause
AtI BieE DPA j w kYismrin Aru inrBY pdu pweAw]	atal bha-i-o Dharoo-a jaa kai simran ar nirbhai pad paa-i-aa.	Meditating on Him in remembrance, Dhroo became immortal, and obtained the state of fearlessness.
dk hrqw ieh ibiD ko suAwml qY kwhy ibsrwieAw]1]	dukh hartaa ih biDh ko su-aamee tai kaahay bisraa-i-aa. 1	The Lord and Master removes suffering in this way - why have you forgotten Him? 1
j b hl srin ghI ikrpw iniD gj grwh qY Clt w]	jab hee saran gahee kirpaa niDh gaj garaah tay chhootaa.	As soon as the elephant took to the protective Sanctuary of the Lord, the ocean of mercy, he escaped from the crocodile.
mhmw nwm khw I au brnau rwm khq biDn iqh qbt w]2]	mahmaa naam kahaa la-o barna-o raam kahaṭ banDhan tih tootaa. 2	How much can I describe the Glorious Praises of the Naam? Whoever chants the Lord's Name, his bonds are broken. 2
Aj wml u pwp j guj wny inmk mwih insqr w]	ajaamal paapee jag jaanay nimakh maahi nistaaraa.	Ajaamal, known throughout the world as a sinner, was redeemed in an instant.
nwnk khq cq iclqumin qY Bl aqrh pwr w]3]4]	naanak kahaṭ chayṭ chintaaman tai bhee utreh paaraa. 3 4	Says Nanak, remember the Chintaamani, the jewel which fulfills all desires, and you too shall be carried across and saved. 3 4