

ray moorh<sup>H</sup>ay too ki-o simrat ab naahee

saarg mhl 5 ] (1207-6)	saarag mehlaa 5.	Saarang, Fifth Mehl:
rymVpqlkaiismrq Ab nwhl ]	ray moorh <sup>H</sup> ay too ki-o simrat ab naahee.	You fool, why are you not meditating on the Lord now?
nrk Gr mih arD qpukrqw inmK inmK gx gllhl ]1] rhwau ]	narak ghor meh uraDh tap kartaa nimakh nimakh gun gaa <sup>N</sup> hee.   1   rahaa-o.	In the awful hell of the fire of the womb, you did penance, upside-down; each and every instant, you sang His Glorious Praises.   1  Pause
Aink j nm Blnq0hl AwieE mwns j nmudi Bwhl ]	anik janam bharmatou hee aa-i-o maanas janam dulbhaahee.	You wandered through countless incarnations, until finally you attained this priceless human birth.
grB j on Cif j auinkisE qau I wgoAn Twhl ]1]	garabh jon chhod ja-o niksi-o ta-o laago an thaa <sup>N</sup> hee.   1	Leaving the womb, you were born, and when you came out, you became attached to other places.   1
krih buruel Tgwel idnurIn inhPI krm kmwhl ]	karahi buraa-ee thagaa-ee din rain nihfal karam kamaahee.	You practiced evil and fraud day and night, and did useless deeds.
kxu nwhl qh gwhx I wgyDwie Dwie dk plhl ]2]	kan naahee tuh gaahan laagay Dhaa-ay Dhaa-ay dukh paa <sup>N</sup> hee.   2	You thrash the straw, but it has no wheat; running around and hurrying, you obtain only pain.   2
imiQA w slig kIV I ptwieE ariJ pirE kismhl ]	mithi-aa sang koorh laptaa-i-o urajh pari-o kusmaa <sup>N</sup> hee.	The false person is attached to falsehood; he is entangled with transitory things.
Drm wie j b pkris bvryqau kwl mkw aiT j whl ]3]	Dharam raa-ay jab pakras bavray ta-o kaal mukhaa uth jaahee.   3	And when the Righteous Judge of Dharma seizes you, O madman, you shall arise and depart with your face blackened.   3
so imil Aw jo pBUiml wieAw ij su msqik I KUIL Khl ]	so mili-aa jo parabhoo milaa-i-aa jis mastak laykh likhaa <sup>N</sup> hee.	He alone meets with God, whom God Himself meets, by such pre-ordained destiny written on his forehead.
khu nwnk ign@j n bil hwrI j o Ail p rhymn mhl ]4]2]16]	kaho naanak tin <sup>H</sup> jan balihaaree jo alip rahay man maa <sup>N</sup> hee.   4  2  16	Says Nanak, I am a sacrifice to that humble being, who remains unattached within his mind.   4  2  16